



NEW YORK, NEW YORK - The title, *A Change Had to Come* is too reflective not to miss the subtle nod to the 1964 civil rights anthem *A Change is Gonna Come* by legendary musician Sam Cook. The song is wrought with pain and promise and the latest novel by the former demographer of the United Nations, Gwynne Forster strikes a balance between a bodied tale of pain in the form of personal transformation and promise in the way of career gratification and sophisticated love. This October readers are inspired by a triumph story of personal growth, professional satisfaction and the difficult health issues facing women in *A Change Had to Come*.

Not to be missed among the more serious storyline is a sweet romance which develops between two otherwise career-minded journalists. *A Change Had to Come* is told through the growth of lead character Leticia Langley, whose research on obesity in African Americans leads her to studying the greater obstacles to reproductive care in Africa while embarking on a deeper relationship with once nemesis Max Baldwin.

You cannot read this novel without picking up the clear, factual information being presented by the author. The dialogue between the protagonist and the African women she studies is true and perfectly blends within the storyline. Hard to achieve, demographer turned novelist, Forster brilliantly presents very real women's' issues without losing readers.

Phyllis turned to look at Leticia in the face. "Liberated from what and to what? The educated ones living in Nairobi are liberated to some extent, especially if their family is very wealthy, but women here can't do as they please. If they're married, they answer to their husbands. If not, to their father or an older male relative. The more children they bear, the better their status within the family. In some tribes, a man demands sex even if the woman is about to deliver..."

A closer look at the author's bio and immediate understanding is reached. The author, Gwynne Forster is formerly the chief of (non-medical) research in fertility and family planning in the

Former U.N. Demographer turned bestselling author releases **A Change Had to Come**

Written by

Population Division of the United Nations in New York and served for four years as chairperson of the International Programme Committee of the International Planned Parenthood Federation (London, England). Much of the dialogue is clearly a result of her life's work in demography.

A lyrical prose and the next bestseller from Gwynne Forster, **A Change Had to Come** is available nationwide, October 1, 2009.