A free community dinner and health fair in honor of Black History Month will be held on Friday, February 15, from 6 p.m. to 9 p.m. at Dunning Recreation Center, 1221 Marshall Avenue, in St. Paul. Sponsors of the dinner are Open Cities Health Center (OCHC), ARTS-US, Blue Cross Blue Shield of Minnesota Foundation, and the Science Museum of Minnesota. The event is open to the public.

The dinner is part of Blue Cross Blue Shield of Minnesota's Growing Up Healthy Initiative, which engages community health, early childhood development, housing and environmental organizations and other community partners to nurture the healthy growth and development of children birth to five years and their families.

"This year we want the entire community to come out and recognize the role we all play in making our communities healthy and safe and also recognize contributions African Americans have made to health care," said OCHC Health Navigator Hareen Witherspoon. "This is a health fair for people of all ages where community members can get to know each other and learn more about their health."

This year's health fair will feature:
• Health screenings
• Information and displays for children, teens, families and seniors
• Interactive events for children and adults
• Giveaways
• Entertainment, music and food
• Various Twin Cities' organizations, agencies and businesses will be participating
• Everyone is welcome – there is no charge! This is a fun event for people of all ages!

To learn more about the Community Dinner and Annual African American Health Fair call Hareen Witherspoon at (651) 251-5978.