

## Project Superhero gets Sullivan Ballou Award

Written by

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On Thursday, March 13, 2014, Nnamdi Okoronkwo and Jonathan Palmer received the Sullivan Ballou Award for their volunteer work on Project Superhero in a small ceremony in North Minneapolis.

Project Superhero is an initiative that utilizes superheroes and comic books as a way to engage at risk youth and steer them towards positive paths, and promote literacy and civic engagement to all youth.

The Sullivan Ballou Fund gives \$1000 awards to celebrate and affirm people acting from the heart. Recipients provide compassion, services, or advocacy to their local communities, the poor, homeless, children, victims of violence and mistreatment or the disabled. Some give of themselves to those around them through their art, their music, their words, or their presence.

The Fund seeks to recognize and honor those individuals in keeping with the spirit of Sullivan Ballou, a soldier who died in the Civil War leaving behind a letter to his wife that perfectly expresses both the kind of soulful commitment to others and the pure joy of being alive that reflect our highest nature.

Read about the selection of Okoronkwo and Palmer at the Sullivan Ballou by visiting [http://www.sullivanballoufund.org/pages\\_recipients/Nnamdi-Okoronkwo-Jonathan-Palmer.htm](http://www.sullivanballoufund.org/pages_recipients/Nnamdi-Okoronkwo-Jonathan-Palmer.htm)

For more information on Project Superhero, visit <http://project-superhero.org/ProjectSuperhero.htm>