

West Broadway Farmers Market promote community wellness

Written by

Wednesday, 05 September 2012 00:59



Visitors to the West Broadway Farmers Market can check out new features this year. You can try out an exercise, watch a cooking demonstration and take home the recipe. Those who walk or ride bikes to the market can enter a raffle.

The added attractions to promote community wellness are supported by a Neighborhood Health Connection grant from Allina Health.

"These are huge additions to our market. We have 19 markets during the season, and that grant has meant the world to us," says Alicia Uzarek, market manager.

Customers can also buy local produce, honey, bread and jewelry, and a neighborhood medical clinic offers free health information. The market hours are every Friday 3 to 7 p.m. at 900 W. Broadway Ave. and runs through October 19.