Cleveland Neighborhood Association hosts community cooks

Written by Ivan Phifer, Staff Writer
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A Cleveland Connects, Community Cooks, workshop and dinner was recently hosted by the Cleveland Neighborhood Association (CNA).

Cleveland Connects, led by Appetite for Change was held on at the Christ English Lutheran Church, 3210 Oliver Ave. N. Appetite for Change is a community based organization in North Minneapolis that engages communities to eat healthier while building community connections.

"It's called Cleveland Connects because the idea is to connect neighbors with one another," said Ariah Fine, head of the Cleveland Neighborhood Association.

And the connection is all about healthy eating.

"We do this by bringing families together to cook, eat and talk," said Michelle Horovitz executive director for Appetite for Change. "We have a lot of families here cooking fresh, homemade, healthy recipes."

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