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(Washington, DC) – Men's Health Network strongly supports the U.S. Preventive Services Task Force (USPSTF) recommendation on screening for lung cancer released on December 31, 2013, and it suggests that more emphasis be placed on effective strategies to prevent boys and men from starting to smoke and for realistic strategies to get them to narrow tobacco consumption.

"Men's Health Network supports any policy or sound medically-based recommendation that makes it easier for men to access screening and have a discussion with their physician about the results of that screening and if needed be treated sooner rather than when it is too late. Early recognition of lung, and all cancers, is one of the keys to treatment," said Salvatore J. Giorgianni, Jr., PharmD, and member of the Board of Advisors, Men's Health Network. "For well over 30 years various programs, technologies and techniques to help people who smoke have only been met with moderate uptake and success; we must change our approach to make meaningful inroads to this health problem. We must consider and reconsider a broader range of non-traditional approaches to smoking cessation, including so-called e-cigarettes, and other forms of substitution strategies as bridges to augment lifestyle modification."

USPSTF recommends annual screening for lung cancer with low-dose computed tomography in adults aged 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.

According to the American Cancer Society, Cancer Facts & Figures 2013, Lung cancer accounts for more deaths than any other cancer in both men and women. An estimated 159,480 deaths, accounting for about 27% of all cancer deaths, were expected to occur in 2013.

"We hope that by implementing the new recommendation, the devastating effects caused by smoking will be curbed," said Ana Fadich, Men's Health Network Vice President. "We will continue to educate the public and especially smokers, of the dangers of smoking and provide them with a range of plans and options to quit."

To view the recommendation and the evidence on which it is based, please go to <http://www.uspreventiveservicestaskforce.org/uspstf13/lungcan/lungcanfinalrs.htm>

## Men's Health Network supports screening for lung cancer, recommends e-cigarettes to curb smoking

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*Men's Health Network (MHN) is a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at [www.menshealthnetwork.org](http://www.menshealthnetwork.org) and follow us on Twitter @MensHlthNetwork and [facebook.com/menshealthnetwork](https://facebook.com/menshealthnetwork)*