

Nokomis healthy seniors annual Clean-A-Thon

Written by Sunny
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The Nokomis Healthy Seniors' 8th Annual Clean-A-Thon will be held April 24, 2010. This event is an important fundraiser for the Nokomis Healthy Seniors program and a key outreach into the Nokomis community. The annual Clean-A-Thon sends teams of volunteers to clean areas of their homes requested by seniors (e.g., kitchen, bath, yard). This spring cleaning helps seniors stay in the homes they love.

Nokomis Healthy Seniors Executive Director Kristen Whittenbaugh says "the Clean-A-thon is the largest, most important fundraiser of the year for Nokomis Healthy Seniors. With the funds raised, Nokomis Healthy Seniors is able to provide many free or reduced-cost nursing services, programs, transportation and many other services for seniors of the Nokomis community."

The mission of Nokomis Healthy Seniors can be directly supported by participation in this important event. There is a goal to clean at least 18 homes.

Clean-A-Thon teams meet at Bethel Lutheran Church, 4120 17 Avenue South, Minneapolis on Saturday, April 24, 2010, 8 am to 12:00 Noon.

To make the day an even greater success, Nokomis Healthy Seniors is seeking:
Volunteer teams of 3-5 members.

Support in sponsoring our Clean-A-Thon by the donation of cleaning products and supplies to be used for the day.

Donations of breakfast pastries and coffee for our volunteers to start their day.

Help providing and serving lunch for our volunteers when their work is done.

This event provides direct service to Nakomis area seniors and raises funds to allow Nokomis Healthy Seniors to continue its mission to support the seniors of the greater Nokomis area in the coming year.

Prizes will be awarded for money raised by individuals and by top teams.

To volunteer and/or make donations contact Kristen Whittenbaugh at (612) 729-5499.□