Written by The National Cancer Institute Friday, 28 May 2010 22:30



NNPA Special Commentary (NNPA) - Do you know someone— a family member, a co-worker, a neighbor from down the street, or someone from your church — someone who has just been diagnosed with cancer? Or are you interested in finding the latest about reducing your risk of cancer? Where can you turn to find solid, accurate information that could help you or a loved one deal with cancer?

One good place to turn to is the National Cancer Institute (NCI). NCI is a reliable, trusted source of free cancer information that you can access over the Internet, by telephone, or through easy-to-understand pamphlets and brochures.

Members of minority groups—including African-Americans — are more likely to develop and die from certain kinds of cancer than the general population. NCI is working to reduce cancer health disparities by addressing the behavioral, biological, treatment, prevention, and economic issues that contribute to them. To learn how cancer may affect you as a member of a minority group, visit <a href="http://www.cancer.gov/cancertopics/factsheet/cancer-health-disparities/disparities">http://www.cancer.gov/cancertopics/factsheet/cancer-health-disparities/disparities</a>.

As the principal federal agency for cancer research, NCI provides information on a wide variety of cancer topics—from prevention to screening, diagnosis, treatment and care, and life after cancer. To access NCI's information, you can start by visiting the NCI Web site, www.cancer.gov, where you can browse through online articles, brochures, and other publications on a variety of cancer topics. You can also order or download free materials and publications.

NCI also provides information about clinical trials. Clinical trials are research studies in which patient participation helps researchers find ways to improve health and cancer care. For a description of the clinical trial process, to review clinical trial results, or to find a clinical trial that is appropriate for you or a loved one, visit <a href="https://www.cancer.gov/clinicaltrials">www.cancer.gov/clinicaltrials</a>.

Another valuable NCI information resource is the Cancer Information Service, which operates a toll-free number staffed by cancer information specialists who can answer your questions and direct you to further information. To speak with a cancer information specialist, call 1-800-4-CANCER (1-800-422-6237). You can also get information to help quit smoking or to learn about relevant NCI-sponsored clinical trials. Calls are confidential and free. This service is available Monday through Friday, from 8:00 a.m. to 8:00 p.m. (EST).

NCI leads the National Cancer Program and the NIH effort to dramatically reduce the burden of

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cancer and improve the lives of cancer patients and their families, through research into prevention and cancer biology, the development of new interventions, and the training and mentoring of new researchers. For more information about cancer, please visit the NCI Web site at <a href="http://www.cancer.gov">http://www.cancer.gov</a> or call NCI's Cancer Information Service at 1-800-4-CANCER (1-800-422-6237).