

## Find a mentor to help you along the way

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Recently I found myself thinking about my childhood and things I missed out on. I found myself thinking about decisions that I made and decisions that were made that I had nothing to do with. For the most part, I had a very good upbringing. I come from a loving family and I had a very wonderful mother. But there were some things that I lacked.

I didn't grow up with a father figure around and I do believe that the absence of him was one of the reasons I made such terrible choices as a young adult. (I am not putting all the blame on that situation, but it did play a part.) I believe that if there were more positive men in my life, maybe I would have figured out my journey a lot sooner.

Sometimes individuals need to know people personally who are focused on doing better and achieving goals. It helps to have those mentors early in life to help light and guide you along the way. It helps to have positive people that you can reach out to with questions about your dreams and desires to achieve greatness of your own. This could make a huge difference in the way you identify and approach your own goals. It is always good to have a little help along the way.

I believe if I didn't eventually have that mentor to talk to and help me along the way with some of my decisions, I wouldn't be the person that I am today. This person ended up being someone who was a true friend and has really been there to help and lead me in a positive direction. I thank God for her and her guidance.

Achieving the goals you set for yourself is hard work with or without a mentor. But it helps to find that person that is willing to be there for you throughout your journey. I am truly happy that I had that someone and also that I have been given the opportunity to be that person to so many young women who are embarking on their own journey.

And as always remember, stay focused, stay determined and keep striving for greatness.

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