

## ...when that voice says 'this is it' for you

Written by Penny Jones-Richardson  
Thursday, 03 April 2014 12:29

---



Do you ever feel like you have so much more to do than what you are currently doing?

Do you know someone who constantly has excuses for not finishing what they started? Do you have to push yourself not to be like *that* person? Well there are so many individuals who think that where they are in life today is exactly where they will always be. Can you imagine waking up every morning with a dream of being more, but that terrible voice in your head keeps telling you that your time has come and gone?

I have worked with so many clients who believe just that. They have reached a point on their journey that told them to "just stop here." They have come to the conclusion that they will never have what they set out to achieve. They believe they're too old now to go back to school, or they have gained too much weight to find their happiness. Believe me, I have heard them all. There is no situation that should ever stop you from achieving any goal. Yes, excuses come up. And some are truly legitimate. But if you want something bad enough, you will find a way to get it. Nothing will stand in your way of completing your goals.

As I said before, setting goals and completing them takes time and patience. Nothing happens over night. But nothing will happen if you continue to find reasons why it won't or can't happen.

I remember a young woman that I worked with who decided that she wanted to set a goal of becoming a supervisor within a year at her current job. She hadn't been there long, but she was determined that she would move up the ladder faster than anyone else in the company had done. She worked hard, learned everything she needed to know quickly and took on extra hours when everyone else wanted to leave on time or early. She did it. She became a supervisor in 11 months. She decided that nothing would get in her way or stop her from achieving this goal. She is a great inspiration and I learned many lessons from her.

We all have things that we would like to complete or achieve that would make us feel great in the process of completing them. But every goal starts at a beginning point. Where is that point for you? Is it staying where you are and listening to that voice tell you that this is it for you, or do you move on and persevere until this goal is reached? You decide.

And as always, stay focused, stay determined and keep striving for greatness.

## **...when that voice says 'this is it' for you**

Written by Penny Jones-Richardson

Thursday, 03 April 2014 12:29

---

*Penny Jones-Richardson is a published author and life coach. She can be reached via her website at [www.thequeensproject.com](http://www.thequeensproject.com) or email at [penny@thequeensproject.com](mailto:penny@thequeensproject.com).*