

## Nelson-Kaigama's healing virtue

Written by Marcia Humphrey  
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Are you in need of a style boost for the New Year and unsure of how or where to start? If so, please allow me to introduce you to personal development consultant, Cindy Nelson-Kaigama and her passion for people, which she has successfully transformed into her own small business. Called Healing Virtue [www.healing-virtue.com](http://www.healing-virtue.com), Nelson-Kaigama's business is all about helping individuals and companies to navigate the journey that brings out their personal best. It's what Nelson-Kaigama likes to refer to as "revealing your magnificence."

This latest chapter in Nelson-Kaigama's own journey towards revealing her magnificence began when she, as a young, educated professional from Detroit, realized that her promising position at one of the twin cities' top Fortune 500 companies had left her feeling stifled and unhappy. After much prayer and family encouragement, Nelson-Kaigama says she took the leap of faith, resigned from her position, and stepped into her true calling—a holistic approach to helping others become empowered to reflect strength, confidence, beauty, and wholeness, both inside and out. Even her company name, Healing Virtue, she explains, speaks to her mission of facilitating a type of renewed vitality in her clients' personal and business lives.

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