

The spiritual side of man

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We will never truly understand man by merely looking at his physical attributes. He is more than what meets the eye. X-ray machines allow us to see inside the human body so that doctors can diagnose diseases, the symptoms of which might otherwise have been mistakenly attributed to something external. Before the invention of the x-ray machine, many died never knowing the real causes of their problems, some of which could have been successfully treated. Without the aid of the x-ray machine, the root cause of many of man's problems went undiscovered.

Although the invention of the x-ray machine is a thing of the past, there is still no machine to let us see into the spirit of man. To look there, spiritual insight is needed. With the right spiritual insight, we can get to the root cause of man's spiritual ailments which will allow him to live the best life possible. I believe this spiritual insight comes from God, and it will illuminate the moral condition of a man's heart.

There is a spiritual side to man or mankind. We are triune, meaning that we are a spirit that has a soul that lives in a body. Our spirit represents who we really are and is a direct reflection of the condition of our heart. And since our external desire is a by-product of what is stored internally, improving our inner being is essential to good health. The ability to repair the spiritual breach in a man's heart is reserved for God seeing he is the one that created it in the first place.

Because we are spiritual, our biggest problems are spiritual in nature. We will never get to the source of what is really ailing us without evaluating our relationship with the Father. Identifying the problem is the first step to problem solving. The word of God is a powerful tool serving as our spiritual x-ray machine. It illuminates the condition of a man's heart and gives him the ability to make the right kind of changes. Everyday men and women are living by it and transforming their lives for the better.

As people of faith, we must feed our spirit everyday. "Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will" (Romans 12:1-2). Man is spiritual, and spiritual problems require spiritual solutions.

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